

1. *What are the main reasons children and young people engage in intentional self-harm and suicidal behaviour?*

*To externalise inner pain or express self-loathing (often when the child/young person has been abused) or as a copy-cat behaviour.*

1. *What factors appear to contribute to contagion and clustering involving children and young people?*

*Exposure to unhealthy sites on the internet that promote self-harm and/or a cluster of peers engaging in self-harm.*

1. *What prevents children and young people from seeking help?*

*Fear of the reaction it might cause, shame, not knowing who to talk to.*

1. *What are the features of programs and practices that more effectively target and support children and young people who engage in intentional self-harm and suicidal behaviours?*

*I believe positive psychology and faith-based programs are the most effective.*

1. *Are public education campaigns aimed at reducing the number of children who engage in intentional self-harm and suicidal behaviour an effective strategy?*

*Possibly. I think addressing the root problem - often family issues/abuse/dysfunction - is more effective.*

1. *How can digital technologies and media assist in preventing and responding to intentional self-harm and suicidal behaviour among children and young people?*

*I think there should be stricter laws that prevent the publication of self-harm images and 'tips', etc. The creation of DVD programs to be used in schools could be helpful.*